"Giving voice to what you're feeling
is part of the healing."
- Susan L. Taylor
Editor-In-Chief Emeritus, Essence Magazine
It's time for us to stand up and confront the issue of mental health problems in our community. Go to storiesthatheal.samhsa.gov for more information about mental health problems, and to hear the rest of Susan's story.
SHARE OURSELVES... HEALING STARTS WITH US
A Life in the Community for Everyone
SAMHSA
Substance Abuse and Mental Health Services Administration
U.S. Department of Health and Human Services
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